Abdominal examination

Assessment of competences for ANP/ACP/SCP

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please note: Practitioners can add DOPS, PBAs and CEXs as evidence.**

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| --- | --- | --- | --- |
|  | **NOT competent** | **Competent** | **Signature and date** |
| Inspection and interpretation of AXR |
| 1 | Introduction* Confirm patient name and ID
* Introduce yourself to the patient
* Explain procedure
* Consent
* Remove clothing
* Position: patient sat upright to begin
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| 2 | Body habitus* Healthy
* Obese
* Cachectic
* Drains, NG etc noted
* Jaundice
* Abdomen distension
* Ascites, organomegaly
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| 3 | Hands* Koilanyolina iron deficiency anaemia
* Leukaryolina hypoalbuminaemia
* Clubbing
* Parmar erythema
* Dupuytren’s contracture – liver cirrhosis
* Liver flap asterixis – encephalopathy
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| 4 | Arms* Needle track, bruising, petechial marking
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| 5 | Axilla* Acanthosis nigricans – GI malignancy
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| 6 | Face* Conjunctival pallor
* Jaundice of sclera
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| 7 | Mouth* Angular stomatitis
* Glossitis – iron/B12
* Ulcers – Crohn’s
* Fluid level
 |  |  |  |
| 8 | Neck* Lump node O/E Virchow node GI malignancy

Chest* Spider naevi
* Gynaecomastia
 |  |  |  |
| 9 | Abdo: patient in supine position with arms by their sides* Note scars, distension, masses, stomas, caput medusae
* Palpation – light and deep: masses not size, shape and consistency, tenderness, guarding; Rovsing sign/McBurney’s point/Blumberg
* Liver edges and intercostal margin to size
* Spleen work from RIF
* Tip patient on side, and palpate anteriorly and posteriorly for the ball of the kidney
* Palpate either side of the aorta
* Percussion to assess the size of the organs
* Auscultation for BS, aortic bruit and renal bruit

Further examination of the genitalia, hernia orifices and a PR should follow. |  |  |  |
| **Assessor’s comments**: |
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| **This practitioner has completed these outcomes to the appropriate standard.****Assessor’s name:****Signature and date:** | **Practitioner’s signature:****Date:** |